



# Virginia Department of Labor and Industry

## Occupational Safety & Health Training Catalog

October 2010 –  
June 2011

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March 4, 2011*



[www.doli.virginia.gov](http://www.doli.virginia.gov)

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## How to Register: Registration is required prior to date of class.

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Review Instructions on Page 31 prior to completing registration form.

### **EMAIL**

Fully complete registration form and email to:  
[consultationtraining@doli.virginia.gov](mailto:consultationtraining@doli.virginia.gov)

### **BY FAX**

Fully complete registration form and fax to:  
VOSH Training  
Attention: Chris Buisset/Registration Coordinator  
(804) 786-8418

### **MAIL**

Fully complete registration form in catalog and mail to:  
Virginia Department of Labor and Industry  
13 South Thirteenth Street  
Richmond, VA 23219  
Attention: VOSH Training –Chris Buisset/Registration Coordinator

## **Fees**

We offer workplace safety training classes covering a wide variety of topics at NO charge.

## **Cancellation of Classes**

Each course is offered on the condition of adequate enrollment; DOLI reserves the right to cancel or discontinue any course because of low enrollment or for other reasons deemed sufficient. Necessary changes in this schedule may be dictated by enrollment, personnel requirements, or availability of facilities.

## **Contact Information**

For special training needs, please contact us at [consultationtraining@doli.virginia.gov](mailto:consultationtraining@doli.virginia.gov).

VOSH Training  
Chris Buisset  
Registration Coordinator  
(804) 786-8707

## Course Offerings Overview by Month

	JAN	FEB	MAR	APR	MAY	JUNE	JULY	AUG	SEPT	OCT	NOV	DEC
Accident Investigation - <b>Page 7</b>										10/6		
Aerial Lift Devices & Scissor Lifts												
Bloodborne Pathogens - <b>Page 8</b>	1/4		3/1			6/30						
Confined Space Standard - <b>Page 9</b>					5/25							
Cranes in Construction - <b>Page 10</b>		2/17		4/21								
Electrical for Construction - <b>Page 11</b>		2/1			5/5							
Electrical for General Industry - <b>Page 12</b>		2/18	3/29									
Evacuation and Emergency Planning - <b>Page 13</b>					5/4						11/17	
Excavation & Trenching Hazard Awareness - <b>Page 14</b>					5/3, 5/26							
Fall Protection - <b>Page 15</b>			3/30			6/29						
Hand & Portable Power Tools - <b>Page 16</b>		2/16			5/24							
Hazard Communication (HazCom) - <b>Page 17</b>	1/27	2/2	3/31								11/18	
Lockout/Tagout (LOTO) - <b>Page 18</b>		2/23		4/7							11/30	
Machinery & Machine Guarding - <b>Page 19</b>				4/6								12/1
OSHA Construction Hazard Awareness 10 Hour - <b>Page 20</b>	1/5		3/2									
OSHA General Industry Hazard Awareness 10 Hour - <b>Page 21</b>						6/15						12/15
OSHA Recordkeeping - <b>Page 22</b>										10/5	11/16	12/2, 12/7, 12/9, 12/14
Personal Protective Equipment (PPE) - <b>Page 23</b>		2/2		4/5								
Respirator Usage - <b>Page 24</b>		2/3				6/28						
Rigging in Construction - <b>Page 25</b>	1/20			4/20								
Scaffolding - <b>Page 26</b>	1/19			4/19						10/21		
Welding, Cutting & Brazing Safety Awareness - <b>Page 27</b>	1/21					6/14						

## Course Offerings by Location

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### Alexandria

Course Number/Title	Page
V2040 - Machinery & Machine Guarding	19
V2200 - Personal Protective Equipment (PPE)	23
V2210 - Respirator Usage	24
V3010 - Excavation & Trenching Hazard Awareness	14
V3020 - Welding, Cutting & Brazing Safety Awareness	27
V3080 - Scaffolding	26
V3095 - Lockout/Tagout (LOTO)	18
V3110 - Fall Protection	15
V7200 - Bloodborne Pathogens	8
V7300 - Confined Space Standard	9
V7500 - Accident Investigation (Introduction)	7
V7845 - OSHA Recordkeeping	22
V8510 - OSHA General Industry Hazard Awareness 10 Hour	21

### Charlottesville

Course Number/Title	Page
V3095 - Lockout/Tagout (LOTO)	18
V7845 - OSHA Recordkeeping	22

### Chesapeake

Course Number/Title	Page
V1200 - Hazard Communication (HazCom)	17
V2030 - Electrical for General Industry	12
V2090 - Rigging in Construction	25
V2095 - Cranes in Construction	10
V2420 - Hand & Portable Power Tools	16
V3010 - Excavation & Trenching Hazard Awareness	14
V3080 - Scaffolding	26
V3110 - Fall Protection	15
V7300 - Confined Space Standard	9

## Lynchburg

Course Number/Title	Page
V1200 - Hazard Communication (HazCom)	17
V2035 - Electrical for Construction	11
V2040 - Machinery & Machine Guarding	19
V2200 - Personal Protective Equipment (PPE)	23
V2210 - Respirator Usage	24
V3095 - Lockout/Tagout (LOTO)	18
V7845 - OSHA Recordkeeping	22

## Salem

Course Number/Title	Page
V1200 - Hazard Communication (HazCom)	17
V2030 - Electrical for General Industry	12
V2090 - Rigging in Construction	25
V2095 - Cranes in Construction	10
V2420 - Hand & Portable Power Tools	16
V3020 - Welding, Cutting & Brazing Safety Awareness	27
V3080 - Scaffolding	26
V7105 - Evacuation and Emergency Planning	13
V7845 - OSHA Recordkeeping	22

## Verona

Course Number/Title	Page
V7200 - Bloodborne Pathogens	8
V7510 - OSHA Construction Hazard Awareness 10 Hour	20
V7845 - OSHA Recordkeeping	22
V8510 - OSHA General Industry Hazard Awareness 10 Hour	21

## Virginia Beach

Course Number/Title	Page
V2035 - Electrical for Construction	11
V3010 - Excavation & Trenching Hazard Awareness	14
V7105 - Evacuation and Emergency Planning	13
V7200 - Bloodborne Pathogens	8
V7500 - Accident Investigation (Introduction)	7
V7510 - OSHA Construction Hazard Awareness 10 Hour	20
V7845 - OSHA Recordkeeping	22

## Woodford

Course Number/Title	Page
V1200 - Hazard Communication (HazCom)	17
V3020 - Welding, Cutting & Brazing Safety Awareness	27
V7845 - OSHA Recordkeeping	22

## V7500 – Accident Investigation (Introduction)

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**Course Description:** Introduction to accident investigation provides an introduction to basic accident investigation procedures and describes accident analysis techniques. The goal of this 1.5-day course is to help participants gain the basic skills necessary to conduct an effective accident investigation at their workplace. The target audience is the small employer, manager, supervisor, employee or employee representative who, as part of a firm's safety and health system, would be involved in conducting accident and/or near-miss investigations. Topics include the primary reasons for conducting an accident investigation, employer responsibilities related to workplace accident investigations, and a six-step accident investigation procedure. The course is set up as a facilitated, interactive training session focusing on class discussion and group activities designed to provide the basic information on accident investigation techniques and the methodology and the prevention of accidents. This course includes topics such as identification, examination, evaluation, and preservation of evidence; development of supportive documentation; and costs incurred from accidents. Case studies will be conducted during the presentation to further enhance each student's knowledge and understanding of this subject.

**Course Length:** 12 Hours (1.5 Days)

DAY ONE	TIME	DAY TWO	TIME	LOCATION
10/06/2010	8:00 AM - 5:00 PM	10/07/2010	9:00 AM - 2:00 PM	Virginia Beach Sheriff's Office - Training Academy
03/16/2011	8:00 AM - 5:00 PM	03/17/2011	9:00 AM - 2:00 PM	Alexandria Sanitation Authority - <b>CANCELLED</b>



## V7200 – Bloodborne Pathogens

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**Course Description:** This course explains the regulatory measures required to protect employees from the hazards of occupational exposure to blood and other potentially infectious materials containing bloodborne pathogens, such as hepatitis “B” and “C” virus (HBV, HCV), and human immunodeficiency virus (HIV). Topics of discussion will include applicable definitions, infection control, engineering and work practice controls, universal precautions, personal protective equipment, housekeeping, medical evaluations, warning signs, labels and labeling systems, and employee training.

**Course Length:** 4 Hours (0.5 Day)

DAY ONE	TIME	DAY TWO	TIME	LOCATION
01/04/2011	12:30 PM - 4:30 PM	N/A	N/A	Virginia Beach Sheriff's Office - Training Academy
03/01/2011	12:30 PM - 4:30 PM	N/A	N/A	Augusta County Government Center- Verona
06/30/2011	9:00 AM - 2:00 PM	N/A	N/A	Alexandria Sanitation Authority

## V7300 – Confined Space Standard (OSHA's Permit-Required)

**Course Description:** This one-day course discusses the requirements of OSHA's permit-required confined space standard, 29 CFR 1910.146 and Virginia's 16VAC25-140 Standard. It is designed for small employers or a designated representative (line supervisor or manager) with the responsibility to develop a permit space program. It covers OSHA's requirements and does feature hands-on sections (instrumentation and control methods, rescue, and atmospheric testing). Topics include: scope and definitions; general requirements; permit space program; training requirements; and employee roles and rescue.

**Course Length:** 8 Hours (1 Day)

DAY ONE	TIME	DAY TWO	TIME	LOCATION
10/20/2010	8:00 AM - 5:00 PM	N/A	N/A	Alexandria Sanitation Authority - <i>CANCELLED</i>
05/25/2011	8:00 AM - 5:00 PM	N/A	N/A	Chesapeake Public Works Dept - Waste Mgt

## V2095 – Cranes in Construction (29 CFR 1926.550 Subpart “N”)

**Course Description:** This course is designed to familiarize individuals on the various components, and associated elements of cranes. It will cover various types of cranes to include truck mounted, mobile, crawler, and tower. Not only does it cover various types, it also includes hydraulic and lattice boom cranes with a multitude of situations and conditions in which cranes are operated. The course will address numerous hazards associated with operating cranes in adverse weather conditions, situations that may create hazards to the operators and bystanders alike, and in locations that test the limits, as well as the limitations of these pieces of equipment and associated personnel.

**RECOMMENDATION:** Class V2090 – Rigging in Construction should be taken prior to attending this class. It is not mandatory, but it is recommended that this sequence be followed in attending the training concerning Cranes and Rigging for the Construction industry.

**Seminar Length:** 8 Hours (1 Day)

DAY ONE	TIME	DAY TWO	TIME	LOCATION
2/17/2011	8:00 AM - 5:00 PM	N/A	N/A	VDOT - Salem District (Materials Division Classroom)
4/21/2011	8:00 AM - 5:00 PM	N/A	N/A	Chesapeake Public Works Dept - Waste Mgt

## V2035 – Electrical (Construction – §1926 Subpart “K”)

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**Course Description:** This course is designed to explain safety standards specific to the construction industry. Topics include: cord-and plug-connected equipment, assured equipment grounding program, ground fault circuit interrupters, and portable generators. Construction specific work safety procedures will also be discussed.

**Course Length:** 4 Hours (0.5 Day)

DAY ONE	TIME	DAY TWO	TIME	LOCATION
02/01/2011	12:30 PM - 4:30 PM	N/A	N/A	Southern Air & HVAC - Lynchburg
05/05/2011	9:00 AM - 2:00 PM	N/A	N/A	Virginia Beach Sheriff's Office - Training Academy

## V2030 – Electrical (General Industry – §1910 Subpart “S”)

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**Course Description:** This course is designed to explain the safety standards specific to general industry. Topics included are: use of extension cords, safe electrical work procedures, ground fault protection, and electrical systems. This class is recommended for those that are involved in scheduling, supervising, and performing electrical work and repairs in the workplace.

**Course Length:** 4 Hours (0.5 Day)

DAY ONE	TIME	DAY TWO	TIME	LOCATION
02/18/2011	9:00 AM - 2:00 PM	N/A	N/A	VDOT - Salem District (Hanging Rock Bridge Office)
03/29/2011	12:30 PM - 4:30 PM	N/A	N/A	Chesapeake Public Works Dept - Waste Mgt

## V7105 – Evacuation and Emergency Planning

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**Course Description:** Evacuation and Emergency Planning focuses on OSHA requirements for emergency action plans and fire prevention plans. Preparing for emergencies is a basic principle of workplace safety and health. Participants will learn: (1) reasons for emergency action plans and fire prevention plans and when they are required for a workplace; (2) elements of a good evacuation plan; and (3) features of design and maintenance of good exit routes. The course will focus on assessment of risk for terrorist attacks and how to utilize OSHA's two matrices, evacuation planning and fires and explosions, as tools in planning for emergencies.

**Course length:** 8 Hours (1 Day)

DAY ONE	TIME	DAY TWO	TIME	LOCATION
11/17/2010	8:00 AM - 5:00 PM	N/A	N/A	VDOT - Salem District (Hanging Rock Bridge Office)
05/04/2011	8:00 AM - 5:00 PM	N/A	N/A	Virginia Beach Sheriff's Office - Training Academy

## V3010 – Excavation & Trenching Hazard Awareness (§1926 Subpart “P”)

**Course Description:** This course is designed to instruct participants on the proper methodology to use when doing any excavation and covers Subpart “P” of the §1926 Construction Standard,. Topics include: soil classification, shoring techniques, trench boxes, hydraulic bracing/shoring, the competent person, and hazards associated with most types of excavation work. Participants will be made aware of the uses of various techniques used to classify soil, learn the dynamics of ground excavation inspections, determine the use of safety systems (bracing/shoring), learn the hazards associated with excavation work, and discuss soil collapses (failures/cave-ins).

**Course Length:** 4 Hours (0.5 Day)

DAY ONE	TIME	DAY TWO	TIME	LOCATION
03/15/2011	12:30 PM - 4:30 PM	N/A	N/A	Alexandria Sanitation Authority - <i>CANCELLED</i>
05/03/2011	12:30 PM - 4:30 PM	N/A	N/A	Virginia Beach Sheriff's Office - Training Academy
05/26/2011	9:00 AM - 2:00 PM	N/A	N/A	Chesapeake Public Works Dept - Waste Mgt

## V3110 – Fall Protection

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**Course Description:** The course is designed to familiarize participants with slip, trip and fall hazards, and will increase employee awareness of the need for good housekeeping on the construction site, and the methods for reporting, eliminating or controlling those known hazards. By the end of this course, each student will be familiar with various methods of protecting employees from falling, and with the knowledge in selecting fall protection equipment of various types. This class provides a series of reasonable steps taken to cause elimination or control of the injurious effects of an unintentional fall while accessing or working at height

**Course Length:** 8 Hours (1.0 Days)

DAY ONE	TIME	DAY TWO	TIME	LOCATION
03/30/2011	8:00 AM - 5:00 PM	N/A	N/A	Chesapeake Public Works Dept - Waste Mgt
06/29/2011	8:00 AM - 5:00 PM	N/A	N/A	Alexandria Sanitation Authority



## V2420 – Hand & Portable Power Tools

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**Course Description:** This course will provide the basic information related to tool safety, proper use and inspection. Topics of discussion will include the daily inspection process required by the current standard as well as the necessary documentation needed to show the "out of service" program required for employee safety.

**Course Length:** 4 Hours (0.5 Day)

DAY ONE	TIME	DAY TWO	TIME	LOCATION
02/16/2011	12:30 PM - 4:30 PM	N/A	N/A	VDOT - Salem District (Hanging Rock Bridge Office)
05/24/2011	12:30 PM - 4:30 PM	N/A	N/A	Chesapeake Public Works Dept - Waste Mgt

## V1200 – Hazard Communication (HAZCOM)

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**Course Description:** This course is designed to provide Managers, Supervisors, and Employees with information necessary to establish Hazard Communication Programs. It will make them aware that they have **both** a need and a right to know of the hazards and identities of the chemicals to which they are exposed to in the work environment, and the necessary protective measures to prevent injury or illness. It will assist them in developing an effective Hazard Communication Program by identifying, explaining, and using the four elements of the rule for the purpose of informing employees of the hazards, identities, and protective measures to prevent injury or illness.

**Course Length:** 4 Hours (0.5 Day)

DAY ONE	TIME	DAY TWO	TIME	LOCATION
11/18/2010	9:00 AM - 2:00 PM	N/A	N/A	VDOT - Salem District (Hanging Rock Bridge Office)
01/27/2011	10:30 AM - 3:30 PM	N/A	N/A	VDOT - Maintenance Training Academy (Woodford)
02/02/2011	08:00 AM - 12:00 PM	N/A	N/A	Southern Air & HVAC - Lynchburg
03/31/2011	9:00 AM - 2:00 PM	N/A	N/A	Chesapeake Public Works Dept - Waste Mgt

## V3095 – Lockout/Tagout (LOTO)

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**Course Description:** This course will provide the necessary information as it relates to 29 CFR 1910.147. Participants will be involved in discussion pertaining to the control of hazardous energy, procedures, protective measures, inspections, training and communications.

**Course Length:** 4 Hours (0.5 Day)

DAY ONE	TIME	DAY TWO	TIME	LOCATION
11/30/2010	12:30 PM - 4:30 PM	N/A	N/A	Southern Air & HVAC - Lynchburg
02/23/2011	10:30 AM - 3:30 PM	N/A	N/A	VA Transportation Research Council - Cville
04/07/2011	9:00 AM - 2:00 PM	N/A	N/A	Alexandria Sanitation Authority

## V2040 - Machinery & Machine Guarding

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**Course Description:** The main focus of this course is to increase the participant's knowledge and skill in proper machine safeguarding techniques and to highlight the benefits of guarding various types of machinery. It is the employer's responsibility to identify and select the safeguard necessary to protect employees and others in the work area, as well as to provide appropriate training in safe work practices. Knowing when and how to properly safeguard machinery can reduce or eliminate the potential for accidents and injuries.

**Course Length:** 8 Hours (1.0 Day)

DAY ONE	TIME	DAY TWO	TIME	LOCATION
12/01/2010	8:00 AM - 5:00 PM	N/A	N/A	Southern Air & HVAC - Lynchburg
04/06/2011	8:00 AM - 5:00 PM	N/A	N/A	Alexandria Sanitation Authority

## V7510 – Occupational Safety and Health Training Course For Construction Hazard Awareness – 10 Hours

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**Course Description:** The main focus of this course is to provide students the necessary training for them to be able to understand and utilize the 29 CFR 1926 Standards, to include its Sub-Parts and Sections. Upon completion, each student will receive a Training Certificate and an OSHA 10 Hour Construction Course Completion Card after documentation has been forwarded to the appropriate OSHA Education Resource Center and the appropriate card is returned as long as they have completed the 10 contact hours as required by the OSHA Training Institute.

**Course Length:** 10 Contact Hours (1.5 Days)

DAY ONE	TIME	DAY TWO	TIME	LOCATION
01/05/2011	8:00 AM - 5:00 PM	01/06/2011	9:00 AM - 2:00 PM	Virginia Beach Sheriff's Office - Training Academy
03/02/2011	8:00 AM - 5:00 PM	03/03/2011	9:00 AM - 2:00 PM	Augusta County Government Center- Verona

## **V8510 – Occupational Safety and Health Training Course For General Industry Hazard Awareness – 10 Hours**

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**Course Description:** The main focus of this course is to provide students the necessary training for them to be able to understand and utilize the 29 CFR 1910 Standards, to include its Sub-Parts and Sections. Upon completion, each student will receive a Training Certificate and an OSHA 10 Hour General Industry Course Completion Card after documentation has been forwarded to the appropriate OSHA Education Resource Center and the appropriate card is returned as long as they have completed the 10 contact hours as required by the OSHA Training Institute.

**Course Length:** 10 Contact Hours (1.5 Days)

<b>DAY ONE</b>	<b>TIME</b>	<b>DAY TWO</b>	<b>TIME</b>	<b>LOCATION</b>
12/15/2010	8:00 AM - 5:00 PM	12/16/2010	9:00 AM - 2:00 PM	Augusta County Government Center- Verona
06/15/2011	8:00 AM - 5:00 PM	06/16/2011	9:00 AM - 2:00 PM	Alexandria Sanitation Authority

## V7845 – OSHA Recordkeeping

**Course Description:** The course is designed for the person who maintains the injury and illness records. This 4 hour course is designed to assist employers in identifying and fulfilling their responsibilities for posting certain records, maintaining records of illnesses and injuries, and reporting specific cases to OSHA. Several practice sessions are included. Students who successfully complete this course will be able to identify and perform the OSHA requirements for recordkeeping, posting, and reporting and to complete OSHA forms 300, 300A, and 301.

**Course Length:** 4 hours (0.5 Day)

DAY ONE	TIME	DAY TWO	TIME	LOCATION
10/05/2010	12:30 PM - 4:30 PM	N/A	N/A	Virginia Beach Sheriff's Office - Training Academy
10/19/2010	12:30 PM - 4:30 PM	N/A	N/A	Alexandria Sanitation Authority - <b>CANCELLED</b>
11/16/2010	12:30 PM - 4:30 PM	N/A	N/A	VDOT - Salem District (Hanging Rock Bridge Office)
12/02/2010	9:00 AM - 2:00 PM	N/A	N/A	Southern Air & HVAC - Lynchburg
12/07/2010	10:30 AM - 3:30 PM	N/A	N/A	VA Transportation Research Council - Cville
12/09/2010	10:30 AM - 3:30 PM	N/A	N/A	VDOT - Maintenance Training Academy (Woodford)
12/14/2010	12:30 PM - 4:30 PM	N/A	N/A	Augusta County Government Center- Verona

## V2200 – Personal Protective Equipment (PPE)

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**Course Description:** This course will explain the requirements of the OSHA standard for the selection, use, care and maintenance of personal protective equipment used to protect employees. There will be discussions on the selection, design and application of various types of protective equipment and of their limitations.

**Course Length:** 4 Hours (0.5 Day)

DAY ONE	TIME	DAY TWO	TIME	LOCATION
02/02/2010	01:00 PM - 5:00 PM	N/A	N/A	Southern Air & HVAC - Lynchburg
04/05/2011	12:30 PM - 4:30 PM	N/A	N/A	Alexandria Sanitation Authority



## V2210 – Respirator Usage

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**Course Description:** This course is designed to cover respirator-related provisions of OSHA's standards to comply with 29 CFR 1910.134, as well as all of the provisions addressing respirator use, selection, and fit testing. It will also address the required and voluntary usage of respiratory protection equipment under the general industry standards. It covers the requirements for a written program, employee training, medical evaluation, and fit-testing. The procedures presented cover the necessary steps for selection, proper use, and care of respirators to ensure adequate air quality, quantity, and flow of breathing air for air purifying as well as atmosphere-supplying respirators, and for regular evaluation of program effectiveness.

**Course Length:** 4 Hours (0.5 Day)

DAY ONE	TIME	DAY TWO	TIME	LOCATION
2/3/2011	9:00 AM - 2:00 PM	N/A	N/A	Southern Air & HVAC - Lynchburg
6/28/2011	9:00 AM - 2:00 PM	N/A	N/A	Alexandria Sanitation Authority

## V2090 – Rigging in Construction

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**Course Description:** This course is designed to provide a working knowledge of how to select, inspect, maintain, repair or replace material rigging equipment in the work environment. This includes slings made of synthetic web material, wire rope, and made of chain(s). It will show some of the practical applications of the Material Handling requirements within the standard. Each section of the standard(s) will be discussed along with its application to and relationship to other parts of the standard(s).

**NOTE:** If the student plans on attending the V2085 – Cranes in Construction Course, this course should be taken prior to attending that class.

**Course Length:** 8 Hours (1.0 Day)

DAY ONE	TIME	DAY TWO	TIME	LOCATION
1/20/2011	8:00 AM - 5:00 PM	N/A	N/A	VDOT - Salem District (Materials Division Classroom)
4/20/2011	8:00 AM - 5:00 PM	N/A	N/A	Chesapeake Public Works Dept - Waste Mgt

## V3080 – Scaffolding

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**Course Description:** This course is designed to show the application of the Scaffolding standard to particular jobs. Each section of the standard will be discussed along with its application to field erected scaffolds. Topics included are requirements of the competent person, erection & disassembly, inspections, and employee training with emphasis on documentation of inspections and training.

**Course Length:** 4 Hours (0.5 Day)

DAY ONE	TIME	DAY TWO	TIME	LOCATION
10/21/2010	9:00 AM - 2:00 PM	N/A	N/A	Alexandria Sanitation Authority
01/19/2011	12:30 PM - 4:30 PM	N/A	N/A	VDOT - Salem District (Hanging Rock Bridge Office)
04/19/2011	12:30 PM - 4:30 PM	N/A	N/A	Chesapeake Public Works Dept - Waste Mgt

## V3020 – Welding, Cutting, & Brazing Safety Awareness

**Course Description:** This course is designed to provide supervisors and individual employees with the working knowledge required to comply with the OSHA Standards relating to the welding safe work practices required in Construction and General Industry.

**Course Length:** 4 Hours (0.5 Day)

DAY ONE	TIME	DAY TWO	TIME	LOCATION
11/09/2010	10:30 AM - 3:30 PM	N/A	N/A	VDOT - Maintenance Training Academy (Woodford) - <i>CANCELLED</i>
01/21/2011	9:00 AM - 2:00 PM	N/A	N/A	VDOT - Salem District (Hanging Rock Bridge Office)
06/14/2011	12:30 PM - 4:30 PM	N/A	N/A	Alexandria Sanitation Authority

## **Training Locations**

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### **Alexandria Sanitation Authority**

1500 Eisenhower Avenue  
Alexandria, VA 22314

### **Augusta County Government Center**

18 Government Center Lane  
Verona, VA 24482

### **Chesapeake Public Works Department Waste Management**

912 Hollowell Lane  
Chesapeake, VA 23320

### **Southern Air HVAC**

2655 Lakeside Drive  
Lynchburg, VA 24501

### **Virginia Beach Sheriff's Office Training Academy**

411 Integrity Way  
Virginia Beach, VA 23451

### **Virginia Department of Transportation – Hanging Rock (Salem)**

1541 Thompson Memorial Drive  
Salem, VA 24153

### **Virginia Department of Transportation - Maintenance Training Academy (Thornburg)**

4926 Mud Tavern Road  
Woodford, VA 22580

### **Virginia Department of Transportation - Salem District Auditorium**

731 Harrison Avenue  
Salem, VA 24153

### **Virginia Transportation Research Council**

530 Edgemont Road  
Charlottesville, VA 22903

**Note:** The information below is provided as a courtesy by the Virginia Department of Labor and Industry. To view complete listings of training courses available, go directly to the sponsoring Web sites. Virginia Department of Labor and Industry accepts no responsibility for course content, schedules, or the accuracy or completeness of the information. Please review all course information carefully and refer any questions to the respective agency or institution that offers the training.

### **Other Workplace Safety Training Resources**

**DHRM - Department of Human Resource Management** - The Department of Human Resource Management offers training opportunities under the Risk Control Institute. To find out more about their upcoming training visit [DHRM](#).

**Risk Control Institute** - The Department of Human Resource Management Office of Workers' Compensation, in partnership with the Virginia Commonwealth University (VCU) School of Business and the Department of Treasury Division of Risk Management, is pleased to present the Virginia Risk Control Institute (VRCI). Visit [DHRM's web site](#).

**Safety and Health Training Opportunities at the OSHA Training Institute - Chicago** - OSHA Training Institute provides training on OSHA standards and other safety and health topics. For registration and class location information contact the registrar at 847-297-4913, Monday - Friday 10:00a.m. - 12:00 noon, 1:00p.m. - 3:00p.m. Central Time.

**National Safety Council** - is offering the classes near the Richmond area. More information is available at **National Safety Council: [Workplace Safety](#)**

**Disclaimer:** DOLI does not verify professional qualifications or recommend any individuals, firms, or their products. The mention of individuals or company names does not constitute endorsement by the agency.

**Virginia Department of Labor and Industry  
VOSH CONSULTATION TRAINING**

**Registration Form Instructions**

1. Complete registration legibly – your name will be printed on your certificate exactly as shown on registration form.
2. Complete one registration form per person.
3. Do not re-format/modify the registration form in any way.
4. Press the “Tab” key to go to the next field.
5. Submit completed form as an attachment via email to:  
[consultationtraining@doli.virginia.gov](mailto:consultationtraining@doli.virginia.gov) Please label the subject line with “Registration”.  
If email is not available send via fax to (804) 786-8418.

**I. Personal Information Section**

- a. Provide your First Name, Middle Initial, Last Name, Suffix (if any) – do not provide nicknames.
- b. Provide your full Work Title – do not abbreviate.

**II. Company/Organization Information Section**

- a. Provide your full Company/Organization’s Name – do not abbreviate.
- b. Provide your Company’s SIC and/or NAICS code – you can locate this from your company’s OSHA 300A log.
- c. Provide your Company’s mailing address to include City, State and Zip code.
- d. Provide your work contact phone number and extension (if any) – include area code.
- e. Provide your mobile contact phone number (if any) –include area code.
- f. Provide your fax number (if any) – include area code.
- g. Provide valid email address – correspondence from this office will be sent to this email address.
- h. Provide total number of employees affected by attending this training.

Examples:

1. If you are attending to obtain knowledge to educate only yourself, place a “1” in this block.
2. If you are attending to obtain knowledge to educate others if your company, place the total number of affected employees.

**III. Class Identification Section**

- a. Provide Course Number and Title as shown in Training Catalog.
- b. Provide Name of Location as shown in Training Catalog.
- c. Provide Date of Course as shown in Training Catalog.
- d. Provide Time of Course as shown in Training Catalog.

**NOTE - Incomplete or non-legible registration forms will delay processing of your enrollment.**

**Virginia Department of Labor and Industry  
VOSH CONSULTATION TRAINING**

**Registration Form**

PERSONAL INFORMATION					
First Name:	Middle Initial:	Last Name:	Suffix: (i.e.: Jr., Sr., II, III)		
Work Title:					
COMPANY/ORGANIZATION INFORMATION					
Company/Organization Name:				SIC	NAICS
Co. Address 1: (Street Address)	Co. Address 2: (Bldg. No., Suite No.)		City:	State:	Zip Code:
Work Phone: (   )	Extension: (if any)	Mobile Number: (   )	Fax Number: (   )		
Email Address:				Total # Employees Affected by this Training:	

**CLASS IDENTIFICATION** (see course listings in Training Catalog)

COURSE NUMBER/TITLE	LOCATION	DATE	*TIME

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